



# Wudang Practical Tai Chi Chuan Seminar



## Czechia 2026 Fall

Dear friends and Wudang PTCC school members,

We are truly excited to inform you, the training place and facility for the **Czech PTCC Seminar 2026 Fall** has been finally arranged.

Unlike past years, there will be two major changes. We firmly believe these will make your stay in Czech yet much more comfortable and attractive than ever before!

1. In 2026, we are all moving to a new training facility 50 km from Prague, where we can enjoy our training sessions and spend the time together off the field. It's a lovely golf & spa resort near [Konopiště castle](#), with outdoor and indoor facility, restaurant and wellness.
2. As the resort is already booked during preliminary date, the workshop date had to be rescheduled to **SEP25 – SEP27, 2026**.

## Seminar Contents

The seminar will be led by Sifu [Paul Silfverstråle](#) and is suitable for both—**beginners** (Tai Chi for health & wellbeing) as well as **experienced fellows** (Tai Chi as a practical martial art).

The seminar includes full curriculum training with special regards to the following skills:

- 🌀 Hand Form
- 🌀 Mobility & Balance
- 🌀 Tui Shou
- 🌀 San Shou
- 🌀 Weapons
- 🌀 Nei Kung



## Venue & Date

### Golf & Spa Konopiště

SEP25 – SEP27, 2026

Tvoršovice 27, 256 01 Benešov, Czechia

tel.: +420 317 784 044, <https://www.golf-konopiste.cz/>, [gcko@gcko.cz](mailto:gcko@gcko.cz)

## Training Schedule & Pricing

SESSION	MORNING	AFTERNOON	PRICE
SEP25   FRIDAY		16:00 – 19:30	<b>45.00 €</b>
SEP26   SATURDAY	09:30 – 12:00	13:30 – 17:30	<b>85.00 €</b>
SEP27   SUNDAY	09:30 – 12:00	13:30 – 16:00	<b>65.00 €</b>

For those who you buy 3-day seminar the total price is **185 EUR**. The seminar shall be paid on-site.

## Accommodation Info & Pricing

By default, we booked double rooms, so you're encouraged to find a roommate, if you travel in a group, however 3-bed and 4-bed rooms are also available (need advance booking).

For the PTCC (CZ) 2026 seminar attendees, we arranged a special discount:

DOUBLE ROOM PRICING	
Price per person per night (2-persons in room)	<b>~53 EUR</b> (1,300 CZK)
Price per person per night (1-person in room)	<b>~77 EUR</b> (1,900 CZK)

The price includes *breakfast* and the access to the public *wellness* area (half-board or full board can be purchased on site).

The accommodation and add-on services (if any) shall be **paid on site** by cash or card.

If you choose to stay with us in Golf & Spa Konopiště resort, please kindly submit your reservation form at the bottom of this page.

## Transportation

As the venue is located around ~50 km away from Prague, there are a few transportation options. Please kindly share your preferred transport in the registration form below:

### Pickup by CZ PTCC Peer (~50 min)

For **limited** number of ppl we can drive you directly from Prague to the training venue on SEP25 afternoon (**first-come, first-served**).

If you manage to arrive at Benešov city by bus or train, you might take a TAXI or Uber to get to the training venue (10 km ≈ 7 min drive). Or please drop us a call (contact phone will be shared after your registration) we will pick you up.

### By Car (~50 min)

At Prague Airport, you can rent a car either form traditional car rentals such as [Hertz](#), [Avis](#), [Sixt](#), [Autopůjčovna Praha](#), [EeasyRent](#) or from carsharing [Car4Way](#), [Anytime](#).










### By Train (~2h, 40min)

As there is no direct public transport connection from Prague Aiport to the training venue, you need transfer twice (go in 3-stages) to get to the final destination.



The actual (net) driving time is around ~2hr, 40min, but the journey would likely take much longer, depending on our arrival time and actual bus/train connections. So, if travel by train please kindly make sure, your arrival time to Prague Airport is on SEP25 **morning**.

To search for suitable connection online please always use <https://idos.cz/en/>

STAGE	CONNECTIONS
 <b>Prague Airport – Main Railway Station</b>	Take  <b>AE (Airport Express)</b> from Prague Airport (Platform G) to <b>Hlavní nádraží</b> (Main Railway Station). [  buy tickets by the bus driver]
<b>Main Railway Station – Benešov</b>	Take  <b>S9 S-bahn train</b> or  <b>R17 train</b> from Hlavní nádraží (Main Railway Station) to Benešov city. [  buy tickets at railway station]
<b>Benešov – Golf &amp; Spa</b>	Take  <b>757</b> or  <b>759 bus</b> line from Benešov bus terminal (near railway station) station to <b>Bystřice Tvoršovice</b> bus station. [  buy tickets by the bus driver]



Please make sure the bus will take you to **“Bystřice Tvoršovice” Golf & Spa** not “Bystřice Tvoršovice, rozc. I.” or “Bystřice Tvoršovice, rozc. II.”

## Seminar Registration & Accommodation Booking

In order to start seminar registration and accommodation booking, please kindly send an email to [workshop.wptc\(at\)gmail\(dot\)com](mailto:workshop.wptc(at)gmail(dot)com) with subject [CZ\\_WTPC\\_REG\\_2026](#). You'll receive a link to proceed with your registration through the online application form (we decided to use this way to protect our registration system from bots and unauthorized users).

You can download the complete guidebook in PDF format from here [\[↗\]](#).